Formulas used:

The reference resolution distance is calculated as follows:

$$res_{\theta,\varphi}^{o} = \frac{res_x^o * res_y^o * res_z^o}{\sqrt{(res_y^o * res_z^o * cos\Phi * sin\Theta)^2 + (res_x^o * res_z^o * sin\Phi * sin\Theta)^2 + (res_x^o * res_y^o * cos\Theta)^2}}$$

$$\Phi = \arccos \frac{x_B - x_A}{\sqrt{(x_B - x_{A)}{}^2 + (y_B - y_{A)}{}^2}}$$

$$\Theta = \arccos \frac{z_B - z_A}{\sqrt{(x_B - x_{A)}{}^2 + (y_B - y_{A)}{}^2 + (z_B - z_{A)}{}^2}}$$

With

$$res_{x,y}^{o} = \frac{0.51 * \lambda_{ex}}{NA}$$

$$res_z^o = \frac{0.88*\lambda_{ex}}{n-\sqrt{n^2-NA^2}}$$

x_A, y_A, z_A and x_B, y_B, z_B are the bead coordinates in channel A and B respectively, NA: numerical aperture, λ_{em}: emission wavelength, n: refractive index of the lens immersion & mounting media.

Lateral ($res_{x,y}^{o}$) and axial (res_z^o) theoretical resolution values used for Spinning Disk microscopes are calculated as defined in Toomre and Pawley, Disk-Scanning Confocal Microscopy in Handbook Of Biological Confocal Microscopy 221–238 (Springer US, 2006).

Compliance with the Shannon-Nyquist criterion uses the formulas for widefield Shannon-Nyquist distances calculation:

$$\alpha = \arcsin(\frac{\mathrm{NA}}{\mathrm{n}})$$

$$\Delta_{x,y} = \frac{\lambda_{ex}}{8.NA}$$

$$\Delta_z = \frac{\lambda_{ex}}{4.n.(1 - cos\ (\propto))}$$